

Understanding Psychological and Emotional Trauma to the Brain

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Abstract

Buzz will define and address the function of the cortical and subcortical structures of the brain. Within the Subcortical region of the brain, he will explain the difference between the Sympathetic and Parasympathetic Nervous System. Within the Sympathetic Nervous system, Dr. Buzz will explain in detail how humans suffer from “Inescapable Stress to the Brain” which results in unstable behavioral reactions activated by unstable limbic systems caused by Psychological and Emotional Trauma. Examples of Trauma patient’s conditions will be described, behavioral manifestations of Trauma victims will be displayed, and effective treatment solutions will be taught to the audience as well.

Biography

Buzz Mingin is an affiliate clinician of the Amen Clinic, Manhattan, NY location. As a mental health expert, Buzz’s Clinical Care Management System compliments Amen’s Comprehensive Brain recovery process. He has been trained and mentored by Dr. Sandlin Lowe, Psychiatrist and Neuroscientist, of the Amen Clinic. Together He “Coping and Accountability System of Care” and the Amen’s methods of Brain Health are able to recover individuals on the Autistic Spectrum; those who suffer with mental illness, e.g. Anxiety Disorder, Attention Deficit Disorder, Depression, Bipolar Disorder, Oppositional Defiant Disorder, other related behavioral afflictions, patients who are treatment resistant, and especially patients whom traditional treatment methods were unsuccessful.

Publications

1. Expert in Leadership, Education, Neuroscience, Accountability, and Clinical Psychology
2. Brain and behavioral health treatment for victims of trauma



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